



Fire Prevention Week 2024

This week (October 6 – 12) is Fire Prevention Week, recognized by the National Fire Protection Association (NFPA). This year's Fire Prevention Week campaign, "Cooking Safety Starts with You™", works to educate everyone about simple but important actions they can take to keep themselves and those around them safe from home fires. Today's homes burn faster than ever. You may have as little as two minutes (or even less time) to safely escape a home fire from the time the smoke alarm sounds. Your ability to get out of a home during a fire depends on early warning from smoke alarms and advance planning. Find more information on Fire Prevention Week [here](#).

In a fire, mere seconds can mean the difference between a safe escape and a tragedy. Every member of your household should know these common fire causes and prevention techniques for your home listed below:

- **Cooking**

- Cooking was the leading cause of reported home fires and home fire injuries in 2015-2019 and the second leading cause of home fire deaths. Cooking caused 49 percent of reported home fires, 20 percent of reported home fire deaths, and 42 percent of home fire injuries. Follow these prevention tips:
 - Stay in the kitchen while you are frying, grilling, boiling, or broiling food
 - If you are simmering, baking, or roasting food, check it regularly, remain in the kitchen while food is cooking, and use a timer to remind yourself that you are cooking
 - Keep anything that can catch fire — paper towels, oven mitts, wooden utensils, food packaging, towels, or curtains — away from your stovetop

- **Candles**

- From 2015-2019 U.S. fire departments responded to an estimated 7,400 home structure fires that were started by candles per year. These fires caused an annual average of 90 deaths, 670 injuries, and \$291 million in direct property damage.
 - Use candle holders that are sturdy, and won't tip over easily
 - Put candle holders on a sturdy, uncluttered surface
 - Light candles carefully. Keep your hair and any loose clothing away from the flame
 - Don't burn a candle all the way down — put it out before it gets too close to the holder or container
 - Never use a candle if oxygen is used in the home
 - Have flashlights and battery-powered lighting ready to use during a power outage. Never use candles

These are not the only causes of fire or prevention techniques. For more information, visit the NFPA public education page [here](#).

Send comments or questions to: safety@recycledmaterials.org



Training Session Sign-In Sheet

Topic _____

Instructor _____

Location _____

Date _____

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